

Use soap and scrub for at least 20 seconds. No water available? Use a sanitizer that contains at least 60% alcohol and rub your hands together until dry.

#antiviralcampaign

Not feeling Well?





Rest at home to protect yourself and others.

Contact your doctor if you feel worse or need emergency care.

#antiviralcampaign

Avoid close contact.



Stop the spread.

Keep at least six feet away from people and avoid physical contact.

#antiviralcampaign